



**SUGGESTED ONE HOUR OF LEARNING PER DAY AND 30 MINUTES OF DAILY READING
GRADE 3 & 4 WORK PACKAGE FOR WEEK OF APRIL 20TH-24TH**

Monday, April 20th

LITERACY CALENDAR

Write a letter to yourself that could be placed in a time capsule for others to read 10 years from now. Write about how you are feeling and what activities you are doing to keep yourself busy at home.

Read for 30 minutes

Monday, April 20th

NUMERACY CALENDAR

Go on a scavenger hunt in your home! See how many three dimensional shapes you can find. Look for rectangular prisms, cylinders, cubes, cones, pyramids, and spheres.

Xtra Math

Tuesday, April 21st

LITERACY CALENDAR

Some words sound the same but they have different meanings. These words are called homonyms. Hoarse and horse sound the same but have different meanings. Name 5 pairs of words that are homonyms.

Read for 30 minutes

Tuesday, April 21st

NUMERACY CALENDAR

Look in your refrigerator. Categorize the items as fruits & vegetables, whole grains, proteins or other. Make a tally chart

Xtra Math

Wednesday, April 23rd

LITERACY CALENDAR

Write instructions that can be used to tell someone how to do something like brush their teeth, directions to school from home or a sports skill. Remember to use the procedural writing expectations: include a title, introduction, steps, transition words and a conclusion.

Read for 30 minutes

Wednesday, April 23rd

NUMERACY CALENDAR

How many times can you fold a piece of paper in half? Predict and try. Try it with 4 different sizes of paper. Can you make the same number of folds with all sizes?

Xtra Math

Thursday, April 24th

LITERACY CALENDAR

Create and write down 5 questions to use in an interview with a family member or friend. Talk to, call, Facetime, or video chat with that family member or friend to conduct the interview.

Read for 30 minutes

Thursday, April 24th

NUMERACY CALENDAR

Think about your schedule for the day. What will you do? Create a schedule to record your activities between 7a.m.-2 p.m.

Xtra Math

Friday, April 25th

LITERACY CALENDAR

Make a list of 10 things that make you happy. Choose 3 to explain why they make you happy.

Read for 30 minutes

Friday, April 25th

NUMERACY CALENDAR

Roll 2 dice and add to find the sumt. Record the sum. Do this 25 times. Create a bar graph with the results. What do you notice?

Xtra Math

STEAM CHALLENGE

Music: For this week's music activity, students can chose one song a day and listen to the music and draw how it makes them feel. This is a great mindfulness activity and it has the students connecting with the music.

STEAM Challenge is on page 3

Follow up from last week: How many birds do you have visiting your feeder? Can you describe them? Can you identify them?

PHYSICAL EDUCATION

This week students are asked to get "Fit". Students are asked to perform exercises the best they can for 15-30 min each day. Each group of exercises should last approximately 10-15 min. Just repeat once or twice for a 20-30 min workout. These are all exercises they should know how to do. If a student is stuck, or needs clarification on an exercise. Please let your teacher know on check-up day. Each set of exercise should be followed up by a 30 sec. break. Have your parents, siblings, etc. join in on the workout!! 60 jumping Jacks (30 sec. break), 40 swimmers (30 sec. break), 30 Crab Toe Touches (30 sec. break), 10 Burpees (30 sec. break), Plank Hold (30 sec.) (30 sec. break),

LIFESKILLS CHALLENGE:

Everyone learn the phone number of an important family member.

FRENCH EXTENSION:

<https://www.french-games.net/frenchgames/sow-grow?topic=Family%20-%20members&level=primary>

Also please see attached power point.

WEEBLY:

<http://mrsduffsclassroom.weebly.com>

<http://mrswilsongrade45.weebly.com/>

Breathing Strategies for Self Regulation:

BEAR breath

1. Sit in a comfortable, upright position on a chair or on the floor cross-legged.
2. Imagine you are a bear hibernating. Breathe slowly in and out through your nose.
3. Take a long breath in through the nose, pause. Exhale and let the breath flow all the way out the nose, pause.
4. Deepen your breath on each round. Continue for a few minutes.



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Reminders:

The Public Library has a wonderful selection of free e-Books should you be interested in using this service. You require a library card however you can apply for one online if you do not have one.

Guidance is still available for any families who may require assistance. The Saint John contact is Monica Vautour and her phone number is 506-349-7663.

Helping Students Stay Connected!

Need IT help? Send a message using one of the methods below. Include your full name, date of birth, school, grade and the type of support you require.

Example: *reset my password, I don't remember my account or what is my school email address?*

- **Txt:** Send your request by txt message to **1-506-469-5013**
- **Email:** send your request to **southstudents@nbed.nb.ca**
- **Teacher:** If you already have a means of communicating with your classroom teacher, they can initiate support on your behalf





STEAM Activity April 20th-24th

WIND POWER:



Go outside and observe the clouds. Sketch them in your journal and try to classify them. What direction are they moving? What do they make you wonder?

Wind can make music too! Try filling up 3 identical narrow-necked bottles with water at varying levels ($\frac{1}{4}$, $\frac{1}{2}$, and $\frac{3}{4}$). Touch your lower lip to the edge of the bottle and gently blow over the opening. How do the notes differ? Try with other water levels or bottles. Invent a beautiful tune!

THE CHALLENGE:

Wind power is a green energy that is generated from the wind. It is a renewable resource because there will always be wind on Earth. Wind turbines harness the power of the wind to make electricity.

Your challenge is to design and create a kite that will fly using the power of wind.

Remember to take pictures or a video and share with your teacher!

~Create, Test, Improve.